



CAPABILITY STATEMENT

ABOUT US

Hudson River Care and Counseling is an experienced and passionate mental health and wellness practice offering high-quality individual, couples, family and group counseling services for people of all ages. Our team of compassionate and knowledgeable professionals provides a comprehensive range of counseling services tailored to the unique needs and goals of each individual.

We specialize in a variety of evidence-based modalities and offer a variety of options to meet our clients' needs, including traditional psychotherapy, cognitive-behavioral therapy, solution-focused therapy, life coaching, mindfulness-based treatments, and trauma-informed care. Our practitioners have a broad range of experience and are trained to help clients with a variety of issues and concerns, ranging from emotional and behavioral health to relationship and work-related issues.

We are dedicated to creating a safe and comfortable environment and strive to provide our clients with individualized, caring, and compassionate care. Our mission is to assist clients in achieving their personal goals, improving their relationships, and increasing their overall level of functioning. We believe that counseling should be an empowering experience that leads to positive changes.

Our Service:

- Counseling & Therapy
- Life Coaching
- Holistic Healing
- Student Intern Supervisions
- Support Groups
- Faith-Based Counseling
- Trauma-Informed Psychotherapy
- Military program for families of military personnel
- Pathways program- is a Training program for multicultural individuals moving towards license as mental health practitioners with multi-cultural client base



WHY CHOOSE US?

- At Hudson River Care and Counseling, we are committed to providing our clients with the highest quality care in a timely and professional manner.
- We continue to stay abreast of advances in the field of mental health and strive to build a strong relationship with the local community.
- Our team is dedicated to providing the most compassionate and comprehensive care to those who seek our services and helping clients reach their highest potential.

NAICS CODES

621420 - Mental Health and Substance Abuse Services
621422 - Outpatient Mental Health and Substance Abuse Centers
621399 - Offices of Mental Health Professionals
621391 - Offices of All Other Mental Health Practitioners

COMPANY SNAPSHOT

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PAST PERFORMANCE

